Referral
Sleep and Respiratory Testing

(Sleep and Respiratory Physician use only)

Advara Sleep & Respiratory Care

Formerly owned by GenesisCare

PATIENT NAME

DATE OF BIRTH

ADDRESS

EMAIL

PHONE

Patient presentation *Indicates an attended (in-lab) sleep study may be required

- ◯ Epworth score
- ◯ STOP BANG Score
- ◯ BMI > 35kg/m²
- ◯ Neck circumference >40cm
- ◯ Neuromuscular disease*
- ◯ Nocturia
- ◯ Excessive daytime tiredness
- ◯ Hypertension
- ◯ Heart failure*
- ◯ Arrhythmias*
- ◯ Witnessed apnoeas
- ◯ Failed home study*
- ◯ Unexplained insomnia*
- ◯ Neurological disease*
- ◯ Abnormal activity during sleep
- ◯ Snoring
- ◯ Narcolepsy*
- ◯ Suspected CSA*
- ◯ Nocturnal hypoventilation*

CLINICAL NOTES

- ◯ Commercial License
- ◯ Private health insurance
- ◯ Additional clinical history attached

Sleep Investigation required **Please complete NIV requirements

- ◯ **Diagnostic sleep study**

REASON PATIENT NOT SUITABLE FOR HOME STUDY

- ◯ Unattended home study
- ◯ Repeat diagnostic study
- ◯ MSLT
- ◯ MWT
- ◯ CPAP Initiation study
- ◯ CPAP review study
- ◯ NIV initiation study**
- ◯ NIV review study**
- ◯ MAS effectiveness study
- ◯ TCO_2 monitoring
- ◯ Other treatment effectiveness study
- ◯ Post-weight loss
- ◯ Post-surgery

Reason for NIV study

- ◯ Nocturnal hypoventilation
- ◯ OSA not suitable for CPAP
- ◯ Cheyne stokes respiration
- ◯ Complex sleep apnoea
- ◯ CPAP emergent CSA

NIV study requirements

- ◯ Bi-level
- ◯ S mode
- ◯ S/T mode
- ◯ T mode
- ◯ ASV
- ◯ **Split study, specify**

NIV settings	Start	Limit
EPAP		
IPAP		
Rate (for S/T)		
Min PS		
Max PS		

◯ Supplemental O2 if SpO2 remains below ____ % for greater than ____ minutes when NIV limits reached to a maximum of ____ L/min

CPAP clinic service required

- ◯ Commence CPAP trial
- ◯ Review CPAP therapy and equipment
- ◯ CPAP download

- ◯ Fixed pressure ____ cmH_2O
- ◯ Auto pressure range ____ cmH_2O
- ◯ As per CPAP titration report recommendations

Mask make ____ ◯ Chinstrap

Mask size ____

ADDITIONAL NOTES

Requesting doctor Please write/stamp details below including provider no.

STAMP

SIGNATURE/DATE

Name	
Provider no	
Date of referral	
Additional CC	

infoqld@advarasleepcare.com

advarasleepcare.com

Advara Sleep & Respiratory Care

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(Freecall) 1800 155 225

(07) 3217 8190

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Electronic: Medical Objects **SG4066000YF**

Affiliated sleep and respiratory physicians

- Prof Roger Allen
- Dr Farzad Bashirzadeh
- Dr Shiv Erigadoo
- Dr John Feenstra
- Dr Lauren Galt
- Dr Luke Garske
- Dr Leanne Gauld (Paediatrics)
- Dr Maurice Heiner
- Dr Justin Hundloe
- Dr Gonesh Karmakar
- Dr Hervey Lau
- Dr Charl Liebenberg
- Dr Lee Rafter
- Dr Amy Reynolds
- Dr Alex Ritchie
- Dr Thomas Skinner
- Dr Sophie Williams
- Dr Christopher Zappala

Centre locations
Testing centre locations

Brisbane

- **RiverCity Private Hospital**
  Level 4, 401 Milton Road, Auchenflower
- **The Wesley Hospital**
  Ward 2W, Level 2, Chasely Street, Auchenflower
- **St Andrew's War Memorial Hospital**
  457 Wickham Terrace, Brisbane

Bundaberg

- **Barolin Street**
  Suite 3, Entrance 1, 72 Barolin Street, Bundaberg
- **Mater Misericordiae Hospital**
  313 Bourbong Street, Bundaberg West

Gladstone

- **Gladstone GP Superclinic (Consulting Only)**
  Gladstone GP Superclinic 214 Philip Street Gladstone

Gold Coast

- **John Flynn Private Hospital**
  Level 6, 42 Inland Drive, Tugun
- **Pindara Private Hospital**
  Allchurch Avenue, Benowa

Hervey Bay

- **St Stephen's Hospital**
  1 Medical Place, Urraween

Sunshine Coast

- **Buderim Private Hospital**
  12 Elsa Wilson Drive, Buderim

Toowoomba

- **St Andrew's Hospital**
  280 North Street, Toowoomba

Centre locations
CPAP clinics

Brisbane

- **RiverCity Private Hospital**
  Level 4, 401 Milton Road, Auchenflower
- **Wesley Medical Centre**
  Suite 46, Level 4, 40 Chasely Street, Auchenflower

Bundaberg

- **Barolin Street**
  Suite 3, Entrance 1, 72 Barolin Street, Bundaberg

Hervey Bay

- **Urraween Medical Centre**
  Suite 4, 156 Urraween Road, Urraween

Toowoomba

- **St Andrew's Hospital**
  Suite 22, 280 North Street, Toowoomba
- **St Vincent's Private Hospital**
  22-36 Scott Street, Toowoomba